



My fidget / chew tool.

This is the fidget tool that I have chosen (please circle)



- My fidget is only for me. I will not share it.
- My fidget tool is not a toy. It helps me to listen and focus on what I am doing.
- My fidget tool stays in the classroom. It does not go home or into the playground.
- My fidget tool stays in my hand or in my lap.
- My fidget tool stays quiet.

Child:

Parent:

Teacher:

Date:

Review date (2 weeks), impact and next steps: